

# York Carers Charter

**'Our vision in York is to work towards developing a local community where carers' needs are identified and supported by all public services and other organisations.'** York Carers Strategy 2011 - 2015

**A carer** is someone who unpaid, looks after or supports someone in their family, a friend or neighbour who has an illness, is disabled, or is affected by mental ill-health or substance misuse. Carers can be any age, including young carers (8-18yrs) children and young adults (18 – 25yrs) whose quality of life and future can be affected significantly by their caring role.

**Organisations signed up to this charter are committed to:**

- **Supporting you in your caring role**
- **Enabling you to access an age appropriate service**
- **Recognising and respecting your unique perspective and skills**
- **Providing you with up to date information about sources of support, including opportunities to take a break from your caring role**
- **Informing you about your right to a carers' assessment and referral processes**
- **Supporting your choice about the level and extent of care you offer**
- **Recognising your health needs in order to support your physical and emotional well-being**
- **Providing you with opportunity to engage and comment on service planning and evaluation at a strategic level**

**If you need more information about this charter please contact: Frances Perry, Carers and Strategic Policy Manager, City of York Council [frances.perry@york.gov.uk](mailto:frances.perry@york.gov.uk) 01904 554188**

*Include details of organisations who have signed up to the charter*